

## Chartwells School Dining Services

### February Elementary Lunch Menu- Lunch Price \$2.75



Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> <b>Balanced Choice Meal:</b> Sausage & Mozz Cheese Hot Pocket Green Beans Orange Wedges Choice of Milk	<b>2</b> Breaded Chicken* Sandwich Seasoned Peas Cupped Fruit Choice of Milk	<b>3</b> <b>Balanced Choices Meal:</b> Pasta w/Meatballs Garlic Breadstick Mini Caesar Salad Cupped Fruit Choice of Milk	<b>4</b> French Toast Sticks w/ Turkey Sausage Home Fries Cupped Fruit Choice of Milk	<b>5</b> Cheese Pizza Baby Carrots with Dressing Cupped Fruit Choice of Milk
<b>8</b> <b>Balanced Choices Meal:</b> Turkey Hot Dog on a Bun w/ Oven Fries Seasoned Corn Chilled Applesauce Choice of Milk	<b>9</b> Sloppy Joe Slyders Oven Baked Tater Tots Seasoned Broccoli Orange Wedges Choice of Milk	<b>10</b> <b>Balanced Choices Meal:</b> Pasta & Italian Meat Sauce Tossed House Salad Banana Choice of Milk	<b>11</b> <b>Balanced Choices Meal:</b> Baked Chicken Nuggets Potato Wedges Cupped Fruit Choice of Milk	<b>12</b> Wedge Pizza Baby Carrots with Dressing Cupped Fruit Choice of Milk
<b>15</b> School Closed Presidents Day	<b>16</b> School Closed Mid-Winter Recess	<b>17</b> <b>Balanced Choices Meal:</b> Pasta w/Meatballs Garlic Breadstick Mini Caesar Salad Cupped Fruit Choice of Milk	<b>18</b> <b>Balanced Choices Meal:</b> Chicken Fajita w/ Salsa Seasoned Corn Fresh Apple Choice of Milk	<b>19</b> Personal Pizza Fresh Grape Tomatoes w/Dip Cupped Fruit Choice of Milk
<b>22</b> <b>Balanced Choices Meal:</b> Bosco Sticks w/ marinara Sauce Pretzel Nuggets w/ Mustard Cupped Fruit Choice of Milk	<b>23</b> Nachos* w/ Mexican Beef, Cheese, Lettuce & Salsa Rice & Beans Cupped Fruit Choice of Milk	<b>24</b> <b>Balanced Choices Meal:</b> Cheeseburger on a Whole Wheat Bun Tater Tots 100% Fruit Juice Choice of Milk	<b>25</b> Junior Cheese steak Cucumbers & Dip Orange Smiles Choice of Milk	<b>26</b> Cheese or Pepperoni Pizza* Buttered Corn Cupped Fruit Choice of Milk

Elementary lunch price: \$2.75 Reduced Lunch Price: .40 Low Fat Milk: .65 Low Fat Cookies: .35 Bottled Water: .50 Hot Pretzel: .50	Sign up Chartwells E-newsletter!!! Visit our website at <a href="http://www.eatlearnlive.com">www.eatlearnlive.com</a> To learn more...	
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Daily :Alternate Lunches



*Peanut Butter & Jelly* Offered w/ String Cheese, Fresh Veggie of the Day, Fruit, and Milk  
*Bagel Bag w/ Yogurt & Cheese* Bagel w/ a yogurt cup and String Cheese, Jelly & Cream Cheese  
 Daily Milk Choices Include: Skim White, Low Fat White, Low Fat Chocolate, and Low Fat Strawberry

<b>Mondays:</b> Tuna on Whole Wheat Bread w/ Lettuce Goldfish Crackers Choice of Milk	<b>Tuesdays:</b> <b>Balanced Choices Meal:</b> Cereal Fun Lunch/ Reduced Sugar Cereal With Yogurt/string cheese Choice of Milk	<b>Wednesdays:</b> Chicken Caesar Salad w/ Dressing Dinner Roll Fresh Fruit & Vegetable, Milk	<b>Thursdays:</b> Turkey Bologna & Cheese w/ Lettuce on Ciabatta, Baby Carrots w/ Dressing Fruit Milk	<b>Fridays:</b> Turkey Sandwich on Ciabatta Roll Lettuce, Baby Carrots 100% Fruit Juice, Milk
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\*This menu item is made with whole grain.

Balanced Choices is the Chartwells program designed to identify the "better-for-you" snack, beverage, and meal choices within the school dining environment, using a colorful icon. Balanced Choices offerings meet precise nutrient and portion standards that aim to reduce fat, saturated fat, cholesterol, and sodium, while ensuring that each selection makes a positive contribution of vitamins, minerals and fiber.

**Menu Questions or Comments? Please contact Michelle Mercer at [unit21683@compass-usa.com](mailto:unit21683@compass-usa.com)**